

K-2 Grade

Run-Hide-Fight Introductory Lesson

Objectives: To help students learn how to respond to a dangerous intruder

Materials:

1. Copy of *Teddy is Ready*
2. "[How I Stay Safe at School](#)" writing and illustration page

Lesson Plan Steps:

1. Explain to your students that one of our jobs as adults who work in schools is to keep our students safe.
2. Provide examples of ways adults keep students safe:
 - a. We hold their hands when we cross busy streets
 - b. We help them get out of the building if there is a fire
 - c. We keep them inside during bad weather (storms, super cold)
3. Remind students that one of the ways students can help themselves and their friends stay safe is to practice being ready for different situations.
4. Read the entire book, *Teddy is Ready* which highlights a variety of ways for students to be safe.
5. After reading the book, ask "How can students stay safe at school?" Elicit responses from students and refer back to the book as needed to support the discussion. Note their examples on the board or in some other visual way for students to reference during the independent practice portion of the lesson. (see sample below)

If...	I can..
If I sneeze on my hands	I can wash my hands so I don't spread germs
If there is bad weather	I can stay inside the school during recess
If there is smoke on my bus	I can evacuate my bus safely
If I there is a bad person in my school	I can listen to my teacher and either run or hide

6. Remind students that sometimes it is safer to stay inside (*example: stay in the building when there is inclement weather*) and other times it is safer to go somewhere else (*example: leave the building if the fire alarm sounds*)
7. Now, redirect students to page 16-17 of *Teddy is Ready*, which focuses on Bad People & Intruders. Remind students that in the event of any unsafe situation, it's important to listen to their teachers, who will always work to keep them safe.
8. Tell students that throughout the school year we will have opportunities to practice "being ready" by:
 - a. Staying in our classroom (turning off lights, closing blinds/shades, locking doors, using a piece of furniture in front of the door, moving to a safe corner, and waiting quietly)
 - b. Leaving our classroom (following teacher directions to exit the building including that sometimes a teacher might tell you to run and that in that situation it is okay to run away)
9. Tell students, "Now, let's draw and write about ways we can be safe at school." Pass out "[How I Stay Safe at School](#)" writing page. Students will draw picture and write about how they can be safe at school.

10. These writing pages will go home in their folders tonight for review and potential conversation with parents.
11. We anticipate that children may have additional questions that you might be unable to answer. Please submit any of these questions using this form so that we can further clarify this process. Those questions can be submitted [here](#).