

# 7th-12th Grade

## Run-Hide-Fight Introductory Lesson

Objectives: To help students learn how to respond to a dangerous intruder

Materials:

1. [Ride, Hide, Fight video](#)

Lesson Plan Steps:

1. Explain to your students that in order to prepare for a potential danger of an intruder in school, we will learn about the *Run, Hide, Fight* safety protocol and discuss ways we can use our resources to stay safe during a school emergency.
2. Show students the [Run, Hide, Fight video](#).
3. Ask students to reflect on ways they will be able to stay safe in the unlikely event of an armed intruder in the school. Discuss how *Run, Hide, Fight* differs from past protocol (the “Hide” element is similar to our past protocol, but with the addition of barricading the door. Also, there are the additional options of running and fighting.)
  - a. **Run:** Leaving the classroom and/or the building if a safe escape is possible
  - b. **Hide:** Staying in the classroom (turning off lights, closing blinds/shades, locking doors, barricading the door with furniture, moving to a safe corner, and waiting quietly).
  - c. **Fight:** (*If running or safe escape are not possible*) Defending yourself with available objects, throwing items at the intruder, punching, kicking, tackling
4. In preparation for upcoming drills, talk with students about what Run, Hide, and Fight could look like in your classroom or other areas in or around the school.
5. We anticipate that students may have additional questions that you might be unable to answer. Please write down these questions and submit them using [this form](#) so that we can further clarify this process.