

3rd-6th Grade

Run-Hide-Fight Introductory Lesson

Objectives: To help students learn how to respond to a dangerous intruder

Materials:

1. Google Slide Show, [How I Stay Safe at School](#)

Lesson Plan Steps:

1. Explain to your students that one of our jobs as adults who work in schools is to keep our students safe.
2. Provide examples of ways adults keep students safe:
 - a. The crossing guards who stop traffic to let students cross the street
 - b. We help them get out of the building if there is a fire.
 - c. We take them to a secure location during a tornado.
 - d. We lock the doors in the event of a danger in the hallways.
3. Using the Slides, [How I Stay Safe at School](#), display images via your classroom projector, and lead a discussion about situations that could arise when students need to react to stay safe (SLIDES 1-9). Elicit responses from students about what they could do to stay safe regarding each of the images in the slideshow.
4. (After SLIDES 6-9) Remind students that sometimes the choices we make to stay safe vary depending on the situation. There are times when it is safer to stay inside (*example: stay in the building when there is inclement weather*) and times when it is safer to go leave (*example: leave the building if the fire alarm sounds*)
5. Remind students that many efforts are made to keep our school safe:
 - a. All exterior doors are locked at all times
 - b. All visitors must ring a bell to enter building
 - c. Everyone visiting the building must show ID and wear a bright green lanyard
 - d. All staff members and substitutes must wear a red lanyard
 - e. There are cameras monitoring who is in and around the school
6. (SLIDE 10) In the unlikely event that a dangerous intruder enters the building there are three different options that can help keep students safe.
7. (Slides 11-16) Tell students that throughout the school year we will have opportunities to practice safety drills by:
 - a. **Hiding:** Staying in our classroom (turning off lights, closing blinds/shades, locking doors, using a pieces of furniture in front of the door, moving to a safe corner, and waiting quietly)
 - b. **Running:** Leaving our classroom (following teacher directions to exit the building including that sometimes a teacher might tell you to run and that in that situation it is okay to run away)
 - c. Talking about ways to use **Fighting** as a last resort if we are unable to hide or escape. (throwing items at the intruder, use punches and kicks)

8. We anticipate that students may have additional questions that you might be unable to answer. Please write down these questions and submit them using [this form](#) so that we can further clarify this process.