

RANDOM ACTS OF KINDNESS



YHS Spirit Week
2020



- Write a handwritten letter to a friend
- Help a classmate study
- Go around your community and clean up any litter you see
- Donate clothes to a charity (leave a nice note in the pocket)
- Make a thank you card for a teacher or school professional
- Cook dinner for your family
- Set up a virtual game night for little kids
- Call someone you haven't talked to in a while and check up on them

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- See if your local animal shelter has a wish list and donate to them
- Leave change & a kind note at a vending machine or Redbox
- Leave quarters & a kind note in the shopping carts at Aldi
- Leave a thank you note & a treat for mail carriers & garbage collectors
- Offer to help rake/do yard work for an elderly friend or neighbor
- Make 5-Compliments or Kind Reflections per day to strangers
- Make up & handout activity bags for a families who are e-schooling young children