



**“DON'T LIMIT YOUR CHALLENGES, CHALLENGE YOUR LIMITS.”**



If you have any questions, please contact YHS Athletic Department at (630) 553-4380.

### **CAMP LOCATION:**

Yorkville High School Gymnasium 797 Game Farm Road. Yorkville, IL 60560 (Main Campus)

### **IS YHS VOLLEYBALL CAMP RIGHT FOR ME?**

The Yorkville High School Volleyball Camp will provide each camper with fundamental training based on the skills and age level of each individual player. In no way is experience or talent a prerequisite for the camp. Training will include working on individual positions, breaking down and teaching the various aspects of volleyball and putting each camper through a variety of drills. Each activity will take into account the individual capabilities of the athlete. With this being said, those thinking of participating in the camp should not be discouraged by lack of prior experience or knowledge about the sport. The intention of volleyball camp is to learn more about volleyball and have fun along the way!

### **WHAT SHOULD I BRING?**

Campers should bring indoor court/gym shoes, knee pads and water.

### **WHAT SHOULD I WEAR?**

Spandex and a T-Shirt

# **YORKVILLE VOLLEYBALL**

## **HIGH SCHOOL SUMMER CAMPS 2019**



High School (grades 9<sup>th</sup>-12<sup>th</sup>):

- Individuals
  - Monday July 8<sup>th</sup> Friday to July 12<sup>th</sup>  
Time: 10:30am-12:00pm
- Open Gym\*: Friday July 12<sup>th</sup> 10am-12pm
- Team Camp:
  - Monday July 15<sup>th</sup>- Friday July 19<sup>th</sup>  
Time: 10:00am-12:00pm



# YHS CAMP FORM APPLICATION

## Camper's Information

Campers Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Ph. Number for Emergencies: \_\_\_\_\_

Grade in 19-20 school year : \_\_\_\_\_

### Summer Camp Selection (check all that apply):

\_\_\_\_\_ Individuals July 8<sup>th</sup>-- 12<sup>th</sup>  
\_\_\_\_\_ DS/Libero  
\_\_\_\_\_ Setter  
\_\_\_\_\_ Hitter (OH, RS, MB) \*Circle Position

\_\_\_\_\_ Open Gym \*(10-12pm)

\_\_\_\_\_ High School Team Camp July 15<sup>th</sup>--19<sup>th</sup>

### CIRCLE shirt size (included in price):

Youth: S M L XL      Adult: S M L XL

As a parent of \_\_\_\_\_,

I hereby give my permission for my child to participate in the YHS Volleyball Camp and acknowledge the fact that she is physically able to participate in the camp activities. I further understand that any Yorkville High School staff member, personnel, or Yorkville School Board Member will in no way be held liable for any accident or injury at the camp by my child.

Parent/Guardian

Date

## 2018 SEASON HIGHLIGHTS

- Overall: 26-8
- 1st place at Joliet Central Tournament
- 2<sup>nd</sup> place in the NIB12 Conference
- 16 Consecutive Wins

## CAMP EXPECTATIONS:

Good conduct is expected from all Yorkville Volleyball Players. The same code of conduct will be expected of our campers. We are proud of our players on and off the court, and our staff will demand good sportsmanship and behavior at the camp.

## INJURIES:

Should any injuries deemed serious by the staff occur, the parent and/or guardian will be notified.



## WANT TO ATTEND CAMP?

Please detach the Camp Application and send to the following address by June 21<sup>st</sup>. Any applications submitted after this date will be charged an additional \$10. Cash and checks will be accepted. Checks can be made payable to Yorkville High School. If you chose to remove your child from the camp there is a \$40 service fee.

797 Game Farm Road Yorkville IL 60560

## CAMP DETAILS:

### HIGH SCHOOL CAMP:

Campers entering 9th-12th grade

- **Date:** Monday July 8<sup>th</sup>– Friday July 19<sup>th</sup>
- **Individuals:** 10:30-12pm
- **Open Gym\*/Team Camp Time:** 10-12pm
- **Price:** \$100
- **Details:** The price includes the individual sessions, open gym, high school team camp, and camp t-shirt. Each day of individuals will be tailored to the position for the day. Open gym will be organized 6-on-6 wash games and scrimmages. Team camp will include a skills review (serving, serve receive, defense, blocking, setting and hitting), fast paced drills, and game-like situations. Instruction will be differentiated based on each camper's ability level and more advanced aspects of the game such as offensive systems will be introduced.



\*If players cannot attend all days, price can be discussed by contacting Lisa Molek at [lmolek@y115.org](mailto:lmolek@y115.org).